

# **YOGA INTERNSHIP NOTICE**

**Position: Yoga Intern**  
female)

**Number of Positions: Two (One male/one**

**Agency: New York Children's Services, Yo! Yoga Program**

**Work Location: Children's Center, 492, 1st Avenue New York NY 10016**

**Salary: \$20/-per session/2 hours**

## **Job Description:**

*The Yo! Yoga Program at New York Children's Services is looking to employ two yoga Interns aged 16-20 who have been in foster care, to assist in their program and work with the certified yoga teachers. There are separate classes for girls and boys. Preliminary training will be provided.*

## **Specific Duties will include:**

- 1) Be prepared to come to Children's Center once/twice a week**
- 2) Set up for the Yoga Classes**
- 3) Assist in helping and spotting the children in the various postures**
- 4) Assist in trying to keep the class focused and prevent disruptions**
- 5) Assist the teachers in completing the Evaluations**
- 6) Distribute yoga paraphernalia and literature**
- 7) If necessary lead some segments of the class.**

*To apply for this position please submit your cover letter and resume to:*

*Vipul Ponappa and/or Beatrice Aronas*

*Email address: [vipul.ponappa@dfa.state.ny.us](mailto:vipul.ponappa@dfa.state.ny.us) or [Beatrice.aronas@dfa.state.ny.us](mailto:Beatrice.aronas@dfa.state.ny.us)*

*Ph # 212-341-3255/212-227-2259*

*You can also fax your resume to:*

**The attention of the Yo! Yoga Program at Fax # 212-676-7556**